

Be Gracious. Be Stylish. Be Charming.

Junior Cotillion

Southern Protocol is pleased to offer Junior Cotillion. Classes are divided into a Level I for fifth, sixth, and seventh grade students and Level II for eighth and ninth grade students. The Level I class will end with a small dance celebration and the Level II will end with a dinner & dance celebration. Each student will receive a notebook filled with handouts for each etiquette lesson and the dances they will learn. Southern Protocol offers children the opportunity to experience the joy of ballroom dancing and etiquette in an engaging and approachable atmosphere specifically designed for middle school students. The Cotillion training, learning both the technical aspects & social aspects of the dances and etiquette, builds confidence and self-esteem in each child that will transfer to high school, college, and adulthood.

Schedule

All classes to be held at
Bethany Methodist Church in Summerville

Oct. 13th / 27th
Nov. 10th / 24th
Dec. 8th / 22nd (Christmas Tea)
Jan. 12th / 26th
Feb. 9th / 23rd

The Final Celebration TBA

Class times: *Please note times may change*

Level I: 4:15 Check-in
4:30-6:00 Instruction
Level II: 6:15 Check-in
6:30-8:00 Instruction

Level I: Cost \$290 (sibling discount offered)
Level II: Cost \$315 (sibling discount offered)
*Discount offered for registrations before
August 31, 2009 (Level I: \$270; Level II: \$295)

Level I: For 5th , 6th and 7th grade students

Etiquette

Introductions: Meeting others for the first time, handshakes, pinning & reading name tags, etc.

Body Language: Eye Contact, walking slowly, body control, sitting gracefully, posture

Correspondence: Formal/friendly letter writing, writing the perfect Thank you note

Table Manners: Table manners primer, serving and receiving refreshments

Party Manners: Asking someone to dance, escorting and being escorted

Confidence: responding to negative comments in a positive fashion,

Dance

Formal dance position, swing/shag dance position, Waltz, Shag, Tango, Cha-Cha, 1 Line Dance

Level II: For 8th and 9th grade Students

Etiquette

Introductions: Meeting others for the first time, handshakes, pinning & reading name tags, giving and receiving compliments, small talk skills

Body Language: Eye Contact, walking slowly, body control, sitting gracefully, posture, what your body language says about you

Correspondence: Formal/friendly letter writing, writing the perfect Thank you note

Technology: Phone, Cell Phone, Computer "Netiquette"

Table Manners: American & Continental table manners, serving and receiving refreshments

Party Manners: Asking someone to dance, escorting and being escorted

Confidence: responding to negative comments in a positive fashion, confident and appropriate dressing, general hygiene

Dance

Formal dance position, swing/shag dance position, Waltz, Shag, Rumba, Tango, Cha-Cha, 2 Line Dances

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Southern Protocol Junior Cotillion Registration Form

Participant's Name _____ Boy _____ Girl _____

Parent's Names _____

Address _____ City _____ Zip _____

Home Phone _____ Alternate Phone _____

Email _____

**Please include parent's e-mail addresses as this will be the primary method of communication to pass along information about the etiquette lessons taught and upcoming events.*

Please Select Level: Level I (5th/6th/7th Grade) \$290 Level II (9th/8th Grade) \$315
Please note: Registration before August 31st the fee will be \$270 for Level I or for \$295 Level II. Please make checks out to Elizabeth Akerman (in check memo please write SPJC and your child's name. Your receipt will be mailed to you).

Class Location: Bethany Methodist Church, 118 W 3rd South St., Summerville, SC 29483

Chaperones assist with attendance, maintaining order, and monitoring the parking lot after class. If you agree to chaperone it is very important to the integrity of the program that you attend on your assigned night. You will be contacted if you were chosen to chaperone. There is a maximum of five chaperones per class.

I am interested in chaperoning the Cotillion classes on the following dates:

Oct. 13 _____ Oct. 27 _____ Nov. 10 _____ Nov. 24 _____ Dec. 8 _____ Dec. 22 _____
 Jan. 12 _____ Jan. 26 _____ Feb. 9 _____ Feb. 23 (Grand Ball) _____

I recognize and acknowledge that there are certain risks of physical injury to participants in the program, and I agree to assume the full risk of any injuries, damages or loss regardless of severity which my minor child/ward may sustain as a result of participating in any and all activities connected with or associated with such programs. I agree to waive and relinquish all claims my minor child/ward may have as a result of participating in the program against Bethany Methodist Church, Southern Protocol, and its employees, volunteers and agents.

In the event I can not be reached in an emergency, I hereby consent to any medical treatment that may be rendered, based on the recommendation of the nearest physician and medical facility.

I have read and understand the program procedures & refund policy. I understand that proper attire and behavior are expected at Cotillion and that my child will be suspended from participating for failure to comply. I also understand that any photos or video in which my child may appear may be used to promote this program.

Cancellation/Refund Policy:

There is a \$25 cancellation fee if requested by Oct. 1, 2009 _____ Initials
 No refunds will be given if canceled after Oct. 1, 2009 _____ Initials

Parent Signature _____ Date _____

Southern Protocol Cotillion Policies & Procedures

Dress Code

Dress Code for Young Men: All gentlemen enrolled in Cotillion are required to wear sport coat and tie, dress pants or a suit, dress shoes (no tennis shoes.).

Dress Code for Young Ladies: All ladies enrolled in Cotillion are required to wear skirt and blouse, jumper, party or church dress, dress pants or pants suit. Girls will want to feel "dressed up." Gloves are required. (We wear gloves because it makes dancing with many students more comfortable for all the students- perspiring palms). Please select a shoe with a closed toe and a low heel. Platforms, slings, wedges, toeless are dangerous when the girls dance. Please select dresses that are "covered up." Also, please no slip dress, backless, strapless numbers. If it is impossible to find a "covered" dress, please purchase a dressy sweater or jacket to wear with the dress. One conservative black dress is appropriate as are all conservative dresses. The girls are not expected to have a new dress for each class because social grace is not dependent on what one wears.

Chaperones

Thank you for volunteering to Chaperone at Junior Cotillion. At the beginning and end of each class the children will be asked to introduce and shake hands with the Chaperones. This is an important aspect of learning to be comfortable around adults, and building confidence in speaking to others besides their peers. Chaperones will also assist in passing out the binders and other handouts as well as the snack.

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